## SMSU Advanced Skills Camp Breakdown

## Thursday, June 20

9:30 - 10:00 am

10:00 - 11:45 am

11:45 - 12:00 pm

8:00 - 9:00 am	Registration – Check in at the RA Facility & check into dorms (if staying)
9:00 – 10:00 am	Offensive Skill Development
10:00 - 11:30 am	4 on 4 Half court execution & 5 on 5 games
11:30 – 1:00 pm	Lunch & Film Session with Coach Bigler
1:00 – 1:30 pm	Skill work - Ball handling/Shooting/Finishing
1:30 - 2:30 pm	Offensive execution breakdown - SMSU offensive drills & concepts
2:30 - 3:30 pm	5 on 5 Games
3:30 – 4:30 pm	Shooting Skill Development Progression
4:30 – 5:30 pm	Dinner
5:30 – 8:30 pm	5 on 5 games, 4 on 4 Half court execution, & Team Practice
9:00 – 10:00pm	Back to dorms - Opportunity to go swimming (if kids would like – life guard will be on duty)
11:00 pm	Room checks & Lights out
Friday, June 21	
8:15 – 9:00 am	Breakfast
9:00 – 9:30 am	Skill work - Ball handling/Shooting/Finishing

**Finals for Camp Competitions** 

4 on 4 Half court execution Finals & Camp Closing

5 on 5 Tournament

## Other Advanced Skills Camp Info

Camp Dates: Thursday, June 20 & Friday June 21

- Registration 8:00 9:00 am on June 20
- Camp begins at 9:00 am on June 20 & Ends at Noon on June 21

<u>Camp will be conducted by 2017 Hero National Coach of the Year and 2-time NSIC Coach of the Year – SMSU Head Coach Brad Bigler</u>

## Camp will consist of:

- Competitive Games (5 on 5, as well as a variety of other competitive games)
- Individual skill development (With an emphasis on **Shooting**, some new **Ball Handling**, & **Finishing**)
- Learning SMSU team concepts (Our same offensive system highlighting spacing & ball movement)
- You will be put through the same drills that the Mustangs do all season!

\*\*Invite your friends!! >>> Returning campers: Bring someone new and receive \$20 to the camp store!

This gets you pizza, Gatorade/Pop/Water, Mustang Gear, etc.\*\*

Campers and coaches will be housed in our own dorm this year. List your roommate preferences on the flyer/online website – we will do our best to put you in rooms with your friends. The SMSU coaching staff will chaperone all overnight campers in the dorms. Games and activities during the week of camps will be held at the SMSU Gym & Recreation Athletic Facility, which features six full courts.

We suggest each camper bring a plenty of t-shirts, gym shorts, athletic socks, towels, a good pair of basketball shoes, and a water bottle. Bring your own bedding (sheets, blankets, pillows for extra-long twin mattress). We will also have the pool as an option at night time again this year, so bring your swim trunks!

If there are any special accommodations (gluten free, allergies, etc.) or questions/concerns that come up please email Assistant Coach - Nick Smith @ Nicholas.smith2@smsu.edu.

SMSU staff and training room facilities will be available.

\*\*REGISTER ONLINE @ SMSUMBBCAMPS.COM OR BY MAILING IN THE INCLUDED FLYER\*\*